

One Housing
Care & Support



LINDEN
COURT

SENIOR LIVING IN LEWISHAM

CARE.ONEHOUSING.CO.UK

WELCOME

Welcome and thank you for your interest in Linden Court. I hope you enjoy your visit to this stylish modern property and have a chance to explore our beautiful grounds.

We help our residents to live better by offering great homes that are designed for your lifestyle and your needs with a programme of activities to promote friendship, health and wellbeing.

I'm proud that One Housing Care & Support builds affordable, high quality homes that let older people keep their independence with the safety net of the best support available.

The team here is committed to creating homes for our residents to enjoy an independent life in, as part of the community. If you have any questions please ask our staff and we look forward to welcoming you soon.



Martin D'Mello
Group Director Care & Support



ABOUT US

One Housing Care & Support offers you flexibility and a choice of accommodation to ensure you can remain independent and part of the community.

We develop and manage beautiful retirement homes that are contemporary, vibrant, needs-adapted and in desirable locations. We promote independence and active lifestyles but also provide personalised support when you need it.

Care & Support is part of One Housing, an award-winning provider of housing, care and support across London and the South East since 1966.





LIFESTYLE

Care & Support senior living at Linden Court offers you a fulfilling independent life with care and support on-hand if you need it, giving you peace of mind.

It means that all of our staff are fully trained and dedicated to helping you, ensuring that your social and health needs are met, while you're free to enjoy the lifestyle that you choose.

There are beautiful communal spaces in which to meet up and chat with neighbours or join in with social activities. There's a helping hand whenever you need it, including the emergency call system in each apartment.

Invite friends and family to join you for a glass of wine in the bar and, when you want to, you can close your front door and relax in your own flat.

LINDEN COURT

Linden Court is a collection of brand new, self-contained retirement community apartments for the over-55s in Lewisham.

Located in Lewisham for local residents who need help to continue living independently but don't want to move far.

There are 29 one-bedroom and 5 two-bedroom Extra care spacious and modern apartments available to rent at Linden Court, which are complemented by a range of community facilities.

There are also 19 one-bedroom Sheltered apartments for customers nominated by LB Lewisham.

All apartments come unfurnished for you to fit out and decorate in your own personal style.

APARTMENTS

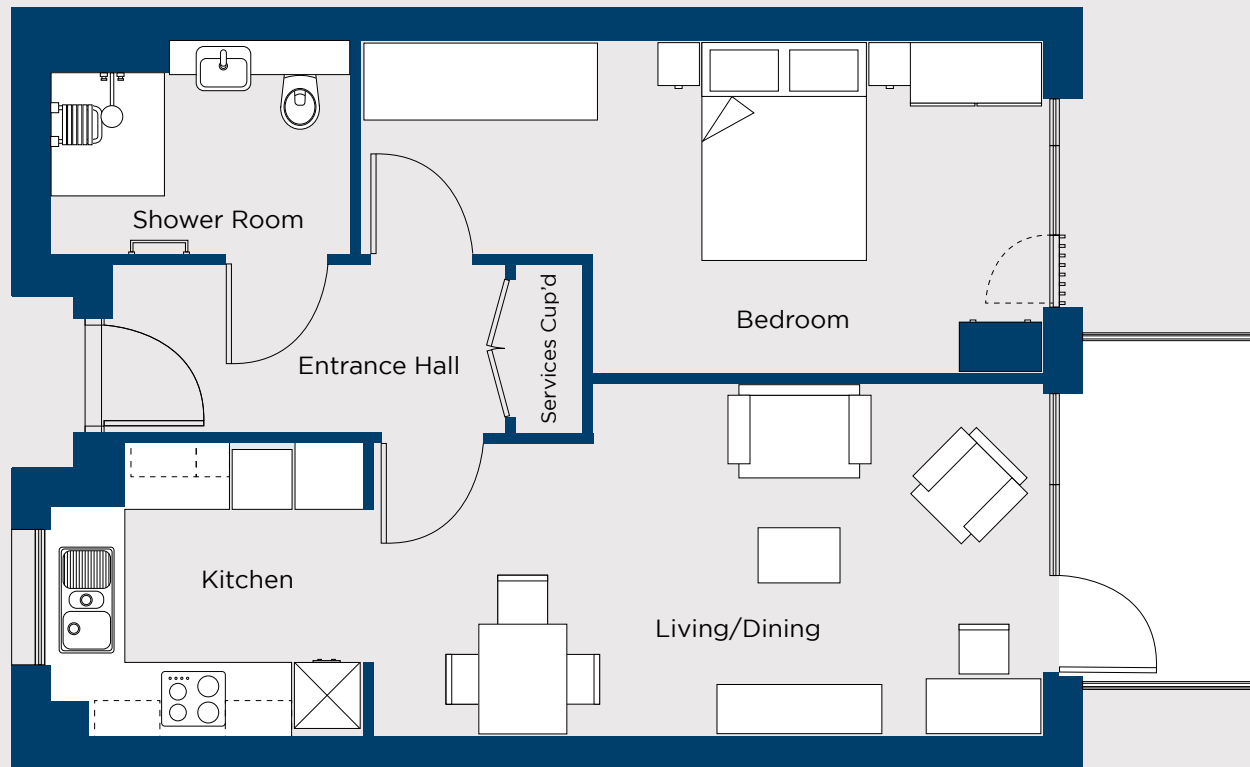
- One-bedroom apartments.
- A spacious lounge area.
- Television and Sky plus point, internet/wifi and telephone.
- A modern kitchen with oven and hob with hood.
- Plumbing for washing machine.
- Walk-in shower room.
- Underfloor heating with individual heating controls throughout.
- 'Tunstall' door and call assistance system.
- The option to be adapted with living aids, such as grab rails or shower seats, if you need them.

COMMUNAL AREAS

- Attractive reception and foyer.
- Communal dining.
- Stylish licensed bar.
- Luxurious lounge.
- Cinema/hobby room.
- Stunning garden.
- Underfloor heating throughout.
- Modern laundry room.
- Assisted bathing suite.
- Mobility buggy charging and store room.
- Wi-Fi in all communal areas.
- Two lifts to all floors.
- Hearing induction loop.



FLOOR PLANS



Flat layout A - all flats come unfurnished





Flat layout B - all flats come unfurnished

LOCAL AREA

Linden Court is perfectly located to benefit from the bustling Lewisham market and shopping centre with an abundance of restaurants and coffee shops within walking distance, as well as a variety of retail and leisure facilities. Lewisham is a lively community with a strong cultural mix and a sense of community and history. The surrounding area is mainly residential; Linden Court is situated right next door to Lewisham Park. There are an abundance of other parks, such as Hilly Fields, Mountsfield Park and Ladywell.

There are excellent public transport links from Ladywell station, whilst nearby Lewisham station provides services to Victoria, Charing Cross, London Bridge and Cannon Street. The Docklands Light Railway runs from Lewisham to Stratford, Canary Wharf and Bank. There has been a large amount of regeneration around the station.

Lewisham's commercial area is one of the largest in south-east London. It is conveniently close to University Hospital Lewisham.



CORE SERVICES



Services include:

- on-site management team
- support staff on-site 24hrs a day
- care-coordination and liaison
- family liaison
- co-ordinating assistive aids
- emergency response and support and reactive care
- local healthcare registration (GP surgery, dentist etc)
- medication ordering and collection
- housing-related support such as paying and monitoring of rent
- helping with utilities, setting up and maintaining the fabric of the home.

For more details, please see the inserts at the back of this brochure.

MENU SERVICES

Personal care

We offer:

- help with getting up, washing and dressing
- hair care and supporting nail care
- help with dental hygiene, hearing and sight aids
- waking night care
- prompting and assistance with medication
- support with moving from chairs, wheelchairs and beds.



Practical support

We offer help with:

- cleaning and domestic/housework
- laundry services
- ironing
- shopping
- paying bills
- key holding
- preparing light meals and snacks
- bed changing.



Companionship and social support

We offer:

- accompaniment to appointments
- encouragement and support with customer-led activities
- companionship
- help enabling communication
- support for well-being
- help maintaining social contacts.



For more details, please see the inserts at the back of this brochure.

NEXT STEPS

Eligibility

To be eligible to become a resident at Linden Court you must be:

- aged 55 or over
- have a local connection
- able to live safely on your own with some support
- have an assessment with the Care Team at Linden Court at a time that suits you.

Costs

Everyone will pay an amount towards the cost of living at Linden Court. How much depends on your assessed financial position. There is help available towards the cost and we will explore this before you move in.

Contact us

To apply, please do one of the following:

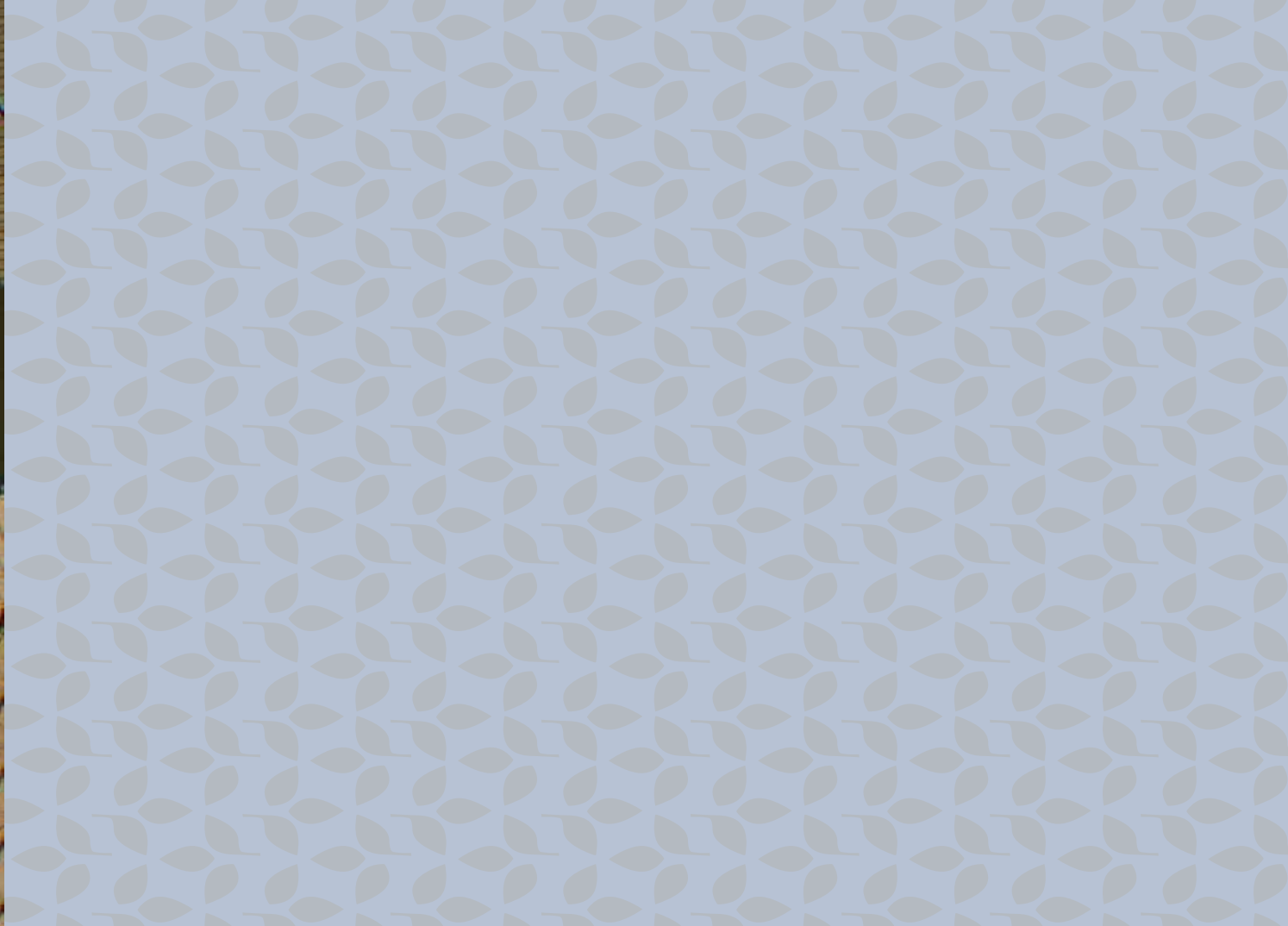
- contact Senior Living Team on 020 8159 6788/9
or seniorliving@onehousing.co.uk
- speak with Lewisham Borough Council on 020 8314 7777.

For more information, please refer to the inserts at the back of this brochure.

All images in this brochure are representative only.







LINDEN
COURT

One Housing Care & Support



Linden Court

Steele Road (off Campshill Road),
Lewisham,
London
SE13 6BS

General enquiries

020 8159 6788 /9

seniorliving@onehousing.co.uk



APPROVED
OPERATOR



care.onehousing.co.uk