

## **Roden Court Assisted Living offer 2023 - 2024**

The purpose of Roden Court Assisted Living is to offer an alternative to residential care for older people ensuring housing, social, health, support and care needs are met, within independent fully supported flats. Also, to reduce isolation and encourage social stimulation, maintain relationships, make new ones and meet the needs of a diverse community.

### **The Core service cost: £269.92 per week**

This cost covers the Core service which includes:

- an onsite management team
- care and support staff available 24 hours a day
- resettlement – transition from hospital/registered care
- coordinating assistive technology
- family liaison
- emergency response and support and reactive care
- key worker
- housing related support such as paying and monitoring of rent and utilities, setting up and maintaining the fabric of the home
- health and safety checks
- daily well-being checks
- social activities
- management monitoring
- regular checks for quality assurance

### **The Menu service cost is £20.14 per hour**

This cost covers the Menu service which can include the following services:

#### **Personal care**

- care-coordination and liaison
- escorting and socialising
- preparing light meals and snacks
- preparing for going to bed
- assistance in relearning basic life skills
- monitoring and encouragement to be independent in personal care

**Practical support**

- shopping
- medication collection/ordering
- prescription collecting
- assistance with bill paying
- cleaning and domestic/housework care – including bed changing
- laundry and clothes drying
- ironing

**Companionship & social support**

- Enabling communication
- Supporting well being
- Maintaining social contacts
- Encouraging, supporting and arranging customer led activities