

## **Protheroe House Assisted Living offer 2020 - 2021**

The purpose of Protheroe House Assisted Living is to offer an alternative to residential care for older people ensuring housing, social, health, support and care needs are met, within independent fully supported flats. Also to reduce isolation and encourage social stimulation, maintain relationships, make new ones and meet the needs of a diverse community.

### **The Core service cost: £207.81 per week**

This cost covers the Core service which includes:

- care and support staff available 24 hours a day
- an onsite management team
- care-coordination and liaison
- resettlement – transition from hospital/registered care
- coordinating assistive technology
- family liaison
- emergency response and support and reactive care
- housing related support such as paying and monitoring of rent and utilities, setting up and maintaining the fabric of the home
- key worker
- medication collection/ordering
- health and safety checks
- daily well-being checks
- social activities
- management monitoring
- regular checks for quality assurance

### **The Menu service cost is £18.94 per hour**

This cost covers the Menu service which can include the following services:

#### **Personal care**

- getting up and dressing
- washing
- supervision and assistance with bathing
- toileting and continence management
- hair care
- personal hygiene – including hand nail and basic foot care

- assistance with dental hygiene, hearing and sight aids
- prompting and assistance with medication
- escorting and socialising
- preparing light meals and snacks
- preparing for going to bed
- waking night care
- assistance in relearning basic life skills
- monitoring and encouragement to be independent in personal care
- help with moving from chair/ wheelchair/ bed etc.

## **Practical support**

- shopping
- pension benefits cashing and prescription collecting
- bill paying
- cleaning and domestic/housework care – including bed changing
- laundry and clothes drying
- ironing and routine mending

## **Companionship & social support**

- Enabling communication
- Supporting well being
- Maintaining social contacts
- Encouraging, supporting and arranging customer led activities

## **The Restaurant Charge is £30.19 per week (£4.31 per meal)**

This cost covers a 2-course hot meal every evening.  
A light lunch is also available at an additional cost.

***\*Costs subject to change, menu available upon request.***